

Parenthood is a rollercoaster of emotions – excitement, nerves, and a touch of anxiety. It's a shared journey, yet, in the whirlwind of childbirth, the focus rightfully falls on the mother, her body, and the decisions shaping her unique birthing experience.



Often, something crucial goes unsaid –

YOUR CHOICES!

That's where our **Respectful Maternity Care** steps in, it's a nurturing embrace designed to prioritize your well-being and ensure a positive experience.

Your well-being is our priority, and RMC stands as a safeguard, ensuring that your journey into motherhood is marked by support, respect, and compassionate care. It is our commitment to create an environment where you feel empowered to make the best decisions for both you and your baby.

Your maternity journey deserves the best care, and we're here to offer it.



Contact us today to explore our full range of services:

- ✓ Antenatal classes for informed pregnancy.
- ✓ Postnatal classes for confident parenting.
- ✓ Diagnostic tests, including ultrasounds and blood tests.
- ✓ Birthing options tailored to your needs.
- ✓ State-of-the-art maternity facilities and more!
- ✓ Reassurance of a trusted companion by your side during delivery, offering support and comfort.
- ✓ Tailored pain management options for a comfortable and empowered experience.

☎ Toll-Free Line: +254 800 720 005

☎ WhatsApp: +254 709 819 001

🌐 Visit our website www.maristopes.org.gh

📍 Or visit an MSI clinic near you.



We're here with you every step of the way.

FOR EVERY STAGE OF

woman

Respectful Maternity Care

✓ Because **Your Voice Matters**



FOR EVERY STAGE OF

woman

Get in touch with our healthcare specialists today!

☎ Toll-Free Line: +254 800 720 005

☎ WhatsApp: +254 709 819 001

Visit our website

🌐 www.maristopes.org.gh

or visit an MSI clinic near you.



Recognizing the need for

RESPECTFUL MATERNITY CARE:

Having a baby is a big deal, and we know how a mother feels during healthcare is super important for her health. Usually, the main goal is keeping both the mother and baby safe, which is crucial. But, here's the thing – what about what the mother wants? If she isn't informed about important decisions, it's called **obstetric violence**.

Here are some examples of obstetric violence:

- ⚠ Not providing enough information about episiotomies (a cut in the area between the vagina and anus during childbirth).
- ⚠ Repeated vaginal exams without explaining.
- ⚠ Stitching without anaesthesia (pain relief medication).
- ⚠ Refusal of alternative birth positions or having a companion during childbirth.
- ⚠ Separating babies away from mothers without a medical reason.

This can lead to emotional trauma, postpartum depression, and difficulties in bonding and breastfeeding.



It's time to break the cycle
and embrace

RESPECTFUL MATERNITY CARE:

What we offer you:

Your
Voice
Matters



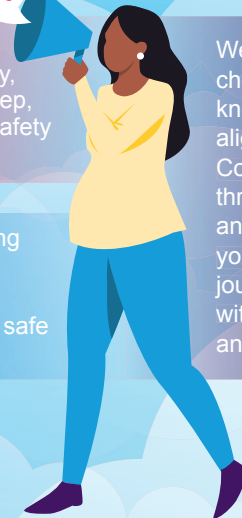
We are dedicated to upholding your dignity, privacy, and confidentiality at every step, fostering an environment of safety and utmost respect.



We are committed to delivering maternity care that ensures your freedom from harm and mistreatment, emphasizing a safe and nurturing experience.



We prioritize your informed choices, providing you with the knowledge to make decisions aligned with your preferences. Count on continuous support throughout ANC, labor, childbirth, and postnatal care to ensure your personalized journey is met with confidence and care.



Experience the benefits of personalised maternity care with early issue detection, tailored birth plans, and comprehensive postnatal support. Our community and peer support enhance your well-being, ensuring improved health outcomes for both you and your newborn.

Your unique experience is our priority.

